Upcoming Dates

January 17
Record Forms going to Regionals need to be at the office!

February 1
Citizenship in Action registration closes

February 15
Club Day Entries Due to the Office

February 19–20
Citizenship in Action

March 10
Regional Club Day

March 11
Junior Swine Producer Day

March 13–17
Spring Break Project Fest

June 7–9
Discovery Days

Edwards County
Big Beef Weigh-In March 11
Weigh-In and tagging will take place at the Fairgrounds at 1:30pm!

Edwards County Club Day– March 4th
Club Day will take place on March 4th at KJSHS. Club Day will take place in the afternoon. More details to come!

Stafford County
Big Beef Weigh-In February 25
Weigh-In and tagging will take place at Seibert Farms at 9:00am!

Stafford County Club Day– March 4
Club Day will take place on March 1st at St. John High School. Club Day will take place in the morning! More details to come!
Tee Shirt Design Contest

This contest is open to 21 Central 4-H Members for their home county and there is no limit to how many designs you enter!

Voting will take place at County Club Day on March 4, 2023.

RULES:

1. No copyrighted material may be used, except for the 4-H Clover
2. The design must incorporate the 4-H Clover, but the design concept does not have to center around 4-H
3. The design should be centered around 2023 Fair Theme, yet versatile enough to encompass both your County Fair and your County 4-H program.
4. The winning design will be sent to a design department to be refined and put into computer form so the Extension Office and Fair Board can then use the design for multiple advertising purposes. (Newspaper, Booster Ads, Fair Book Cover, etc.)
5. You can hand-draw or computer generate your tee shirt design.
6. The winner of the T-Shirt design contest will receive a $25 prize and bragging rights!
7. All T-Shirt Designs must be turned into the Extension office by 5:00 pm on February 15, 2023. All t-shirt designs will be checked for copyright infringement and design criteria approval. Any design brought to County Club Day without approval will not be allowed to compete in the contest.
T-Shirt Design Contest
Edwards County

2023 Fair Theme:
Celebrating 65 Years of Fairs, Family, and Fun!
T-Shirt Design Contest
Stafford County

2023 Fair Theme:
Just Another Day in FAIRadise
Why Participate in Club Day?

- To demonstrate the value of the 4-H Youth Development program through public presentation & evaluation of:
  - Demonstrations
  - Talks
  - Meeting Procedures
  - Recreation
- To provide additional opportunity for 4-Hers to participate in music and dramatics and to share their talents.
- To provide opportunity for fellowship and wider acquaintance among 4-Hers.
- To exchange information regarding 4-H project work to others.
- To present a favorable image to the public and to promote 4-H.
- To build confidence in abilities such as speaking in front of others or delivering information

REMINDER:
Regional Club Day will be March 10th, so I will need to know by Monday March 6th AT THE LATEST if you receive a Top Blue and can move on.
County 4-H Club Day Entry Form

Fill out this form and mail it to your local Extension Office by the date listed on the accompanying letter. You have the option to do your presentation virtually; just indicate on the entry form.

Name: __________________________ Age As of January 1: __________________________

Club: __________________________

Use only one form per person. One form per team/group entry.

Circle age group:  *Cloverbud (5-6 Ed Co only)  Junior (7-12)  Senior (13-18)

For Gavel Games, age groups: Sr. Division Group (14 +)  Intermediate Group (10-13)  Junior Group (7-9)

* Cloverbuds may participate in group/club entries but are not eligible to participate in Regional Club Day for that or any event.

Speaking Events:

- Public Speaking (13-18)  Virtual
- Project Talk (7-12)  Virtual
- Demonstration (7-18)  Virtual
- Illustrated Talk (7-18)  Virtual
- Show & Tell (Cloverbuds or 1st year members up to age 9)  Virtual
- Virtual Show & Tell (Cloverbuds or 1st year members up to age 9)  Virtual
- Reading (7-18)  Virtual
- Extemporaneous Speaking (14-18)  Virtual
- Application, Resume’ & Interview (13-18)  Virtual

MUSIC EVENT(S):

- Vocal Ensemble  Virtual
- Vocal Solo  Virtual
- Instrumental Ensemble  Virtual
- Instrumental Solo  Virtual
- Piano Solo  Virtual
- **Name of Accompanist, if any __________________________

Talent Event(s):

- Dance  Virtual
- Skit  Virtual
- Creative Dramatics  Virtual
- Other (novelty)  Virtual

Parliamentary Procedure

4-H Club Name: __________________________
- Model meeting  Virtual
- Gavel Game - Age Division  Virtual
- Walk in Judge  Virtual

Date: __________________________

GROUP EVENTS

Names of Participants:

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Time schedule conflict?

Please specify an approximate time, if there is a conflict. We will TRY to accommodate the best we can. No guarantees!

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<th>YES</th>
<th>NO</th>
<th>MAYBE</th>
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Able to make it to Regional Club Day the evening of March 10th?  _____ YES  _____ NO  _____ MAYBE
Project Fest
Spring Break
2023

Mark your calendars for March 13-17!

Classes this year include:
- Visual Arts
- Cooking and Place Setting
- Floral Arranging
- Photography
- Sewing
- Livestock Care/Showing

Keep an eye out for an email for sign ups, dates, and times!

Please note that these classes will be hosted once in either Kinsley OR St. John. They will not be held in both. Transportation will be offered! I would highly encourage you to take the trip to your neighboring county for these awesome opportunities!
Please make sure to get enrolled/re-enrolled as soon as possible on 4-H Online! Volunteers need to enroll as well!

Registration for Rock Springs 4-H Camp opened November 15!

If you would like to meet with Marissa to get a head start on Project Record Forms for the 2022-2023 4-H year, reach out to schedule a meeting!

K-State Junior Swine Producer Day is scheduled for March 11, 2023 in Manhattan, KS. Registration is open and can be found at the following link: https://commerce.cashnet.com/KSUASIND

K-State Junior Meat Goat Producer Day is scheduled for March 18, 2023 in Manhattan, KS. Registration is open and can be found at the following link: https://commerce.cashnet.com/KSUASIND

Edwards County Fair Dates:
July 18–July 22

Stafford County Fair Dates:
July 11–July 15

An email came out from me regarding Online Officer Training! If you are an officer for your club or 4-H Council, please make sure you take the training! Swing by the office to pick up the book for the office you hold!

It’s never too early to start thinking about your club day presentation topics! If you need any help, reach out to the Extension Office!

IMPORTANT INFORMATION HERE!
A Helpful Tip: Goal Setting

It’s that time of year again; it’s time to start setting goals for your projects this year! It is always better to start off early and set goals NOW. When thinking of goals to set, think:

**S. M. A. R. T.**

Smart goals are specific, measurable, attainable, relevant, and timely.

Specific: Be descriptive. Don’t say "I want to be better at showmanship." Say something like, "I would like to improve my bracing technique so I can set up my sheep within 20 seconds."

Measurable: Give a certain number so that you can tell if you achieved the goal or not. Example: I would like to bake my county fair recipe three times before exhibiting. You can easily tell if you did the activity 3 times or not.

Attainable: Make sure that these are goals that you can reach this year. You may not reach all your goals, but they should be in your grasp. For instance, if this is your first year in woodworking, you may set a goal of "Learn to sand with the grain" but you probably shouldn’t set a goal of "Build all of the furniture for my bedroom."

Relevant: Make sure that the goal is relevant to your project. Don’t write a goal about Clothing Buymanship in your Leadership Record.

Timely: Make sure that you set a time that you want to achieve this goal and make sure that the time you set is enough time for you to achieve the goal.

The control test will also come in handy! Do you have control over all parts of what happens? If you can answer “yes,” then you are ready to begin record keeping. For example, “I want to win grand champion with my cookies at the county fair,” does not pass the control test. A 4-H member doesn’t have control over ribbon placing.
Let's set some age appropriate goals!

Below I have written a goal for a junior, intermediate, and a senior all in the same project. Notice how there are different types of goals for each age level.

**Junior**

I would like to walk my bucket calf 3 times a week to make sure she is halter-broke before weigh-in.

I would like to learn two new brush strokes and use them both in a painting.

**Intermediate**

I would like to attend two clipping workshops to improve my clipping skills before the fair.

I would like to attend two pottery classes a week to improve my shaping skills.

**Senior**

I would like to present at a project meeting about one specific clipping technique to help younger 4-Hers.

I would like to become a Junior Project leader in the Visual Arts project and help assist the Project Leader with lessons.

Focus on learning the basics of the project.

Focus on improving your skills in the project and starting to take on some leadership roles.

Focus on leadership and mastering skills in your project.

A good rule of thumb is three to five goals per project for ages 7 to 10, four to eight goals per project for ages 11 to 13, and 7 to 12 goals per project for ages 14 to 18.

Visit this website for more information:
For More Info...

Make sure to join our Facebook groups to stay up to date on information!

https://www.asi.k-state.edu/extension/youth-programs/

Youth Livestock Program

2023 Calendar & Important Deadlines
March 11: K-State Junior Swine Producer Day
March 18: K-State Junior Meat Goat Producer Day
April 15: KASLA Application Deadline
April 24: Last Day to Order Market Beef DNA Envelopes for Nom
May 1: Market Beef Nominations Due
June 8: Last Day to Order Small Livestock DNA Envelopes for Nom
June 15: Commercial Heifer, Swine, Sheep, & Meat Goat Nominatins

Go to this website for all things Animal Science!