County 4-H Day Information

1) Public Presentation Tips:
   A) Dress appropriately for the occasion so you look nice and feel at ease.
   B) Stand erect on both feet.  Good posture makes a good impression.
   C) Outline your talk so it’s not read word for word.
   D) Practice giving your talk. First listen to yourself and then have someone else listen and offer suggestions.
   E) Speak so people can hear and understand you easily.
   F) Speak slowly at a natural speed with occasional changes for emphasis and attention.
   G) Watch pronunciation of words.
   H) Use posters and visuals if they help you present the topic.
   I) Be pleasant with a smile on your face and in your voice.
   J) Be at ease, enthusiastic, and be yourself.

2) Be early: Come prepared and check in at your room about 15 minutes early to see how the schedule is proceeding.  This will give you time to collect your thoughts so that you can do your best.

3) Public Speaking: Have an outline copy of your speech for the judge.  A poster or visuals can be helpful but not necessary.  The judge may visit with you following your speech and ask a few questions, so be prepared for this.

4) Demonstrations and Illustrated Talks: Your demonstration should be long enough to cover effectively your topic.  Posters should be simple and easy to read.

5) Music: Provide a copy of your music for the judge.  Groups should go with the age of the majority of their 4-H’ers.  Accompanist does not have to be a 4-H=er.
   A) Vocal Solo: Must memorize the number you present.
   B) Vocal Ensemble: Small group of 2 or more singers, one song memorized.
   C) Chorus: Will sing two numbers of your own choosing and numbers should be memorized.
   D) Instrumental Solo: Number does not have to be memorized, but is better if it is.
   E) Instrumental Duet: Will be the same as an ensemble.
   F) Dance and Other Talent: No age divisions. Can be individual or group.

Project Talk vs. Demonstration vs. Illustrated Talk

People often have questions about the various public speaking divisions at County 4-H Day. Hopefully the following definitions will help:

   Project Talk - Quite simply it is a talk about a 4-H project.  It can tell experiences in the project, give information relating to the project, or promote the project.  This division is for 4-H,ers who are 7 to 11 years of age.  Time limit - 10 minutes.

   Public Speaking - This division is intended to assist older, more experienced members to further develop confidence and skill in speaking before an audience.  Members may speak on any topic. Visuals may be used.  An outline must be provided for the judge.  Time limit - 15 minutes.

   Demonstration - A demonstration is showing how to do something.  At the end of a demonstration the 4-H’er should have a finished project. Time limit - Jr. - 10 minutes; Sr. - 15 minutes.

   Illustrated Talk - An illustrated talk is telling how to do something by using pictures, charts, models, equipment, or other types of visual aids. Time limit - Jr. - 10 minutes; Sr. - 15 minutes.

   We have pamphlets in the Extension Office that give further information on preparing talks and demonstrations.
**4-H Day Awards System**

4-H’ers participating in events at 4-H Day are judged against a standard rather than compared to a fellow 4-H’er. Each 4-H’er receives a ribbon. Parents and 4-H leaders are encouraged to help members understand the ribbon system, probable reasons for receiving their awards, and how the judge’s evaluation of their presentation can be used to improve their future work.

- **White Ribbon** - does not meet minimum standards
- **Red Ribbon** - meets minimum standards
- **Blue Ribbon** - exceeds minimum standards
- **Alternate Top Blue Ribbon** - given to a person or group in each division. They may advance to Regional 4-H Day if the Top Blue ribbon recipient cannot compete.

**Top Blue Ribbon** - one or two given (depending upon the division) to the person(s) with the top presentation. Those receiving Top Blues may advance to Regional 4-H Day. Superior, outstanding on all standards.

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**4-H Poster Guidelines**

*Posters can be an important part of a demonstration. There should be a purpose for using posters.*

Use posters to:

- Serve as a guide to you
- Add interest to the title, topic, and ideas presented.
- Focus and hold attention
- Emphasize key points.
- Clarify a complicated process or procedure.
- Show comparisons.
- Summarize main thoughts.

**The following guidelines may be helpful to you in lettering posters:**

- Make posters large enough to be seen at a distance of 30 feet.
  To accomplish this, the poster size should be approximately 25” by 30”.
- Use lettering from 1” up to 3” high.
- Make letters of titles about 4” in height.
- Use a combination of capital and lower case letters for ease of reading.
- Use simple block type letters, as they are easiest to read.
- Tall, skinny letters and short, squatty letters are hard to read. Use bold or heavy lined letters in preference to the thin, light lines.
- Watch margins and space on charts.
- Allow for 3 or more inches of margin on the top and sides and slightly more on the bottom.
- Plan ahead. Make a pencil sketch of your idea on a sheet of paper before you draw anything on your poster board.
- Pencil your design on the poster board before you start to draw with a felt tip pen.
- When using cardboard stencils, fill in each letter (that will make them easier to read) and remember to use black ink.

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**Show and Tell at County 4-H Day**

Show and tell is an opportunity for 4-H’ers 7-8 years of age to gain some experience in the 4-H Day atmosphere without the pressure of being judged. 4-H’ers will receive a participation ribbon and helpful tips for their efforts. This will help prepare them to move on to demonstrations and project talks.
**Extemporaneous Speaking**

Any 4-H’er 14 years of age and older may participate in this event. Talks should not exceed 7 minutes. They should include an introduction, body (3 main points), and summary. Topics of a general nature will be selected by a 4-H’er 10 minutes before presentation (see the door monitor or judge to draw for topic). The participant may make notes and organize thoughts during the 10 minutes preparation period. The extemporaneous talk will be scored by a judge and ribbon ratings presented.

**Door Monitors Needed for 4-H Day**

Door monitors will be needed for 4 rooms for County 4-H Day. Each of our 4-H clubs will have a room each to monitor. The door monitors need to be Jr. Leaders. There will need to be 2 persons present throughout the morning. Room monitors will be announcing performances, opening and closing the room door, and keeping the hall quiet while presentations are being conducted.

Community Leaders: **Please let the Extension Office know who your door monitors will be by FEB 1st.**

**Meetings Judged by Video for Club Seal**

We would like to continue the walk-in judging of a regular monthly meeting by visiting your club meeting any time before May 1. This procedure will also fulfill the requirement a Model Meeting at County 4-H Day for your club seal. Please contact the Extension Office if you are interested in participating in this judging format or if you have any questions.