

21 CENTRAL EXTENSION DISTRICT



4-H Club Day Handbook

Revised 12/2025

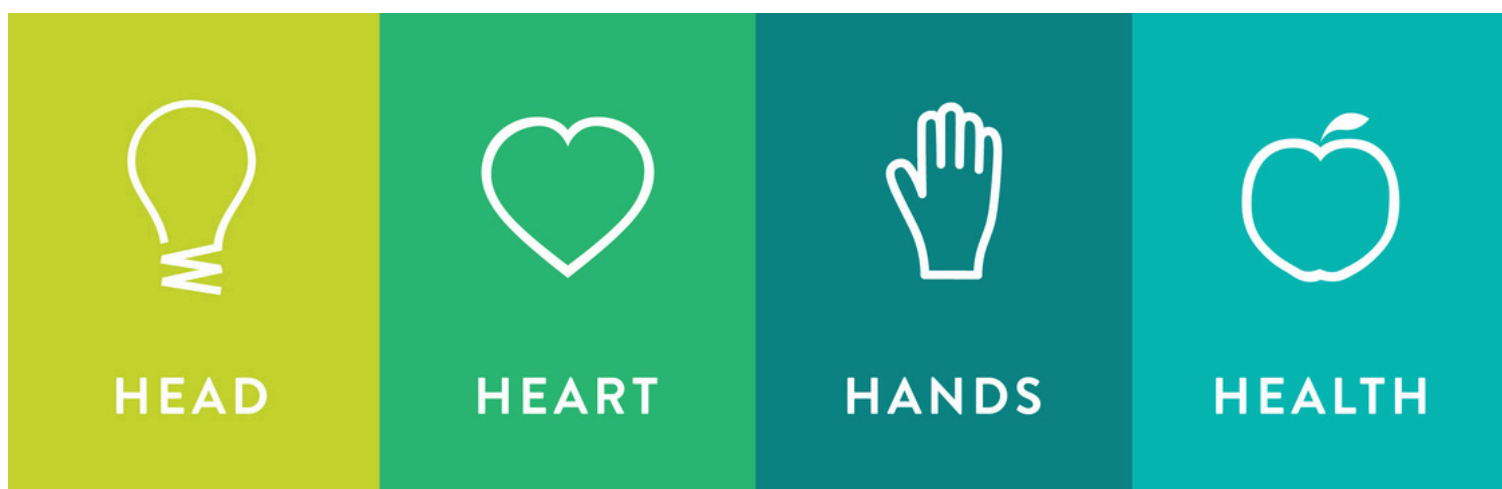


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OBJECTIVES

1. To demonstrate the value of the 4-H Youth Development program through public presentation & evaluation of:
 - a. Demonstrations
 - b. Talks
 - c. Parliamentary Procedures
 - d. Performing Arts
2. Give 4-Hers an opportunity to learn skills and gain confidence in their abilities to exercise parliamentary procedure, speak effectively and give creative performances in the arts.
3. To provide opportunity for fellowship and wider acquaintance among 4-H members.
4. To exchange information regarding 4-H project work to others.
5. To present a favorable image to the public and to promote 4-H.

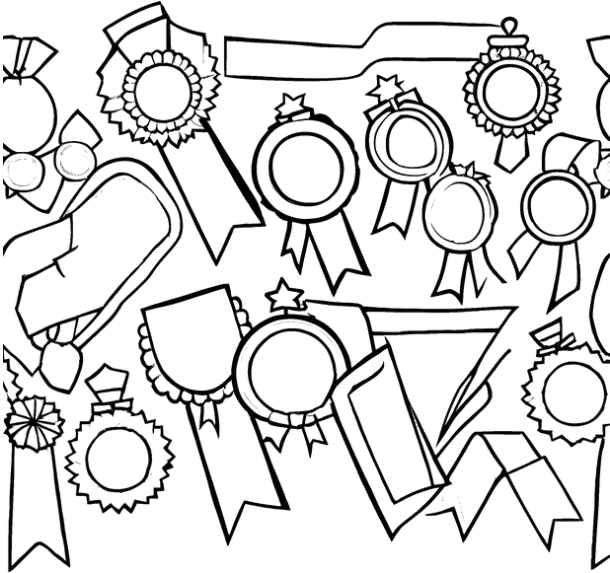


GENERAL INFORMATION

- Age is determined by the age of 4-H members Information before January 1 of the current 4-H year.
 - The age of the oldest participant in a duo or group will determine the age of the group.
- If participants use PowerPoint or other technology, it is the member's responsibility to bring all necessary equipment and connections.
- In all areas, members should clear their props, materials, equipment from the performance area before visiting with the judge. This will help us keep on schedule and is a courtesy of performing.
- Please follow copyright laws when participating in 4-H Day. Use of brand names and trademarks is discouraged.
- Participants should dress appropriately. This should be considered a dress-up event.

AWARD SYSTEM

- The events in each section of County 4-H Club Day will be placed in Top Purple, Blue, Red or White award groups. Every 4- Her who participates in County 4-H Club Day receives a ribbon. Any number of Top Purple, Blue, Red, or White ribbons may be given. Ribbons should be awarded somewhat on this basis:
 - **Purple Ribbon/Top Blue:** Superior work, Exceeds Standards
 - **Blue Ribbon:** Excellent quality work, Above average
 - **Red Ribbon:** Average work, Met standards
 - **White Ribbon:** Below average quality, Below standards
- Entries that earn a Purple/Top Blue Ribbon will represent 21 Central Edwards/Stafford County at Regional 4-H Club Day. In the event that a Purple/Top Blue Ribbon Entry cannot attend, an Alternate will be selected.
- Judges may reserve the right to not advance entries on to Regionals



JOB DESCRIPTIONS FOR ROOM MONITORS

*NOTE: Introductions are optional. Ask 4-H members if they want you to introduce them or if the introduction is part of their presentation.

- Check in 4-H member for their scheduled appearance.
- Make substitutions when necessary to keep event moving.
- See that no one enters the room during a presentation.
- Keep an accurate list of those competing, any cancellations, etc. These should be posted and marked as members complete their presentations.
- Take the results to the information desk and post them immediately following the completion of the event. The room monitor should keep original rating by judge. (Optional)
- Assist the judge in any way possible. Judges may sit any place they desire.
- Be sure someone is always present.

SPEAKING EVENTS

Show and Tell (Cloverbuds or Ages 7-9)

- Intended for members to have a non-competitive public presentation experience. This presentation does not have to be related to a 4-H project experience. Each participant will receive a participation ribbon. Questions will not be asked. *There is no regional 4-H Club Day division.*

Time Limit: 3 Minutes



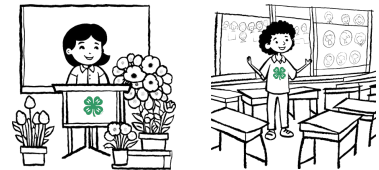
Project Talk (Ages 7-12)

- This presentation should tell about a specific 4-H project and the 4-H experience in that project. The purpose is to inform and gain confidence in expressing themselves before an audience. Visuals may be used but should be only as props, not to show “how” to do some portion of the project. Questions will not be asked. *2 Project Talks will be selected for Regional 4-H Club Day.*

Time Limit: 7 Minutes

Resources:

[4-H 979 - 4-H Communications Factsheet 2.0: 4-H Project Talks](#)



Demonstrations “Shows-How” (Ages 7-18)

- This involves doing or making something while giving an explanation. It uses actual items, supplies, equipment, people or animals while going through a process. There is usually a finished product to show. Questions will be asked. May be individual or team (2 people) presentations. *1 Demonstration from each age division will be selected for Regional 4-H Club Day.*

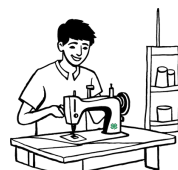
Time Limit (Ages 7-12): 10 Minutes

Time Limit (Ages 13+): 15 Minutes

Resources:

[4-H 980 - 4-H Communications Factsheet 3.0: 4-H Demonstrations](#)

[4-H 981 - 4-H Communications Factsheet 3.1: Outline Planning Form](#)



Illustrated Talk “Tells-How” (Ages 7-18)

- This is a presentation that tells how something is done. With an illustrated talk you show pictures, charts, models, equipment, and other types of visual aids. The purpose is to teach the audience. Questions will be asked. May be individual or team (2 people) presentations. *1 Illustrated talk from each age division will be selected for Regional 4-H Club Day.*

Time Limit (Ages 7-12): 10 Minutes

Time Limit (Ages 13+): 15 Minutes

Resources:

[4-H 982 - 4-H Communications Factsheet 4.0: 4-H Illustrated Talks](#)

[4-H 981 - 4-H Communications Factsheet 3.1: Outline Planning Form](#)



Public Speaking (Ages 13-18)

- Intended to further develop confidence and skill in speaking before an audience. The purpose is to persuade, inform, entertain or inspire. Talks are original and topic may be of any interest. Visuals may be used but should be minimal. One or two notecards are suggested. Outlines should be provided for each judge. *2 Public Speeches will be selected for Regional 4-H Club Day.*

Time Limit: 15 Minutes

Resources:

[4-H 980 - 4-H Communications Factsheet 5.0: 4-H Public Speaking](#)



Extemporaneous Speaking (Ages 13-18)

- Challenges participant to think quickly and prepare a speech on an assigned topic with limited preparation. They will draw three possible topics, choose one, prepare for 10 minutes, and then deliver their speech response. Topics will be subjects that youth are familiar with, so no special research materials are required. Notes may be made on one note card. Speakers should bring their own note cards and pencils. No props or visual aids may be used. Parents are not allowed to assist the speakers or to be in the same room as they prepare their speech. *2 Extemporaneous Speeches will be selected for Regional 4-H Club Day.*

Time Limit: 17 Minutes Total, 10-minutes to prepare, 7-minute speech

Application, Resume, and Interview (ARI) (Ages 13-18)

- A workforce development and college prep program that is intended to assist 4-H members to further develop confidence and skill in the process of applying for and interviewing for a job. Position descriptions will be provided. Applications, Resumes, cover letters, and references are due when the entry form is turned in. Please bring a copy of your resume to the interview. For further information please visit our district website. *1 ARI will be selected for Regional 4-H Club Day.*

Time Limit: 15 Minutes Total, 10-minute interview, 5-minutes to review and consultation



What are the Differences?

- A Project Talk **tells** about a specific 4-H project.
 - EX) “A Beginner’s Guide to Raising Chickens” Would explain steps in choosing breeds, coops, feed, eggs, etc.
- A Demonstration **shows** how to do something by actually doing it and having a finished product in the end.
 - EX) “How to Properly Plant a Vegetable Garden” Would physically walk through the steps of preparing soil, selecting seeds, planting, watering, etc.
- An Illustrated Talk **teaches** how to do something using visual aids.
 - EX) “What is Healthy” Would explain what foods are healthy, how to make healthy food at home, etc.
- Public Speaking is intended to **inform, persuade, and entertain** about any topic.
 - EX) “Importance of Volunteerism” Could inform and persuade others to become volunteers in an entertaining manner.

Resources:

[Kansas 4-H Presentation Overview](#)

MUSIC EVENTS

*NOTE: In all cases, due to copyright laws: Give judges the original and if 4-H member uses a photocopy, it must be destroyed!

Vocal Ensemble (Ages 7-18)

- Group of 2 or more members from one club or a composite group from 2 or more clubs. Original copies of the selections will be given to the judge before performing. Accompanist need not be a 4-Her, but they cannot sing with the group unless they are 4-Hers. It is recommended that selections be memorized. *1 Vocal Ensemble will be selected for Regional 4-H Club Day.*

2 numbers are required per group



Vocal Solo (Ages 7-18)

- An original copy of the selection will be given to the judge before performing. Accompanist need not be a 4-Her, and can be taped. It is recommended that the selection be memorized. *1 Vocal Solo will be selected for Regional 4-H Club Day.*

1 number will be performed



Instrumental Ensemble (Ages 7-18)

- Composed of 2 or more members from one club or a composite group from 2 or more clubs. Original copies of the selections will be given to the judge prior to performing. Accompanist need not be a 4-Her, but they cannot sing with the group unless they are 4-Hers. It is recommended that selections be memorized. *1 Instrumental Ensemble will be selected for Regional 4-H Club Day.*

2 numbers are required per group



Instrumental Solo (Ages 7-18)

- An original copy of the selection will be given to the judge before performing. It is recommended that selections be memorized. Accompanist need not be a 4-Her. *1 Instrumental Solo will be selected for Regional 4-H Club Day.*

1 number will be performed



Piano Solo (Ages 7-18)

- An original copy of the selection will be given to the judges before performing. It is recommended that selections be memorized. Accompanist need not be a 4-Her. *1 Piano Solo will be selected for Regional 4-H Club Day.*

1 number will be performed



TALENT EVENTS

*NOTE: Each participant must furnish their own sound equipment and music (must be 4-H appropriate).

Dance (Ages 7-18)

- Only one dance can be done by an individual or group, not exceeding 12 members.
- *One Dance will be selected for Regional 4-H Club Day.*
- This division includes entries of styles such as:
 - Folk Dance: Circle, Line, Irish, Polka Dance, etc.
 - Square Dance: 1 set of 4 couples
 - Other Dance: Tap, Ballet, Jazz, Interpretive, Acrobatic, Hip-Hop, etc.



Time Limit: 5 Minutes

Skit/ Creative Dramatics (All Ages, Cloverbuds will only be awarded participation ribbons)

- Any size group may participate. Each group will be responsible for all scenery, property, and effects. On most stages, all plays will use the same drapes as a background. An outline or script should be provided to the judge.
- *One Skit will be selected for Regional 4-H Club Day.*

Time Limit: 20 Minutes Total, 5-minutes to set the stage, 15-minute skit



Reading (Ages 7-18)

- This may be a musical, dramatic, interpretive, humorous, or other type of reading. Readings do not need to be memorized. Props are not allowed. All participants must have one original of their piece(s) to be given to the judges for them to view while judging.
- *One Reading from each age division will be selected for Regional 4-H Club Day.*

Time Limit (Ages 7-12): 5 Minutes

Time Limit (Ages 13+): 5 Minutes



Other Talent (Ages 7-18)

- This is a miscellaneous grouping that may include talent such as novelty numbers, stunts, pantomime, puppets, marionettes, ventriloquist acts, gymnastics, jump rope or other types of talent. May be an individual or group.
- *One Novelty or Stunt will be selected for Regional 4-H Club Day.*

Time Limit: 5 Minutes



PARLIAMENTARY PROCEDURE

Model Meeting (All Ages)

- Intended as a device for teaching 4-H'ers proper meeting procedures. Clubs are encouraged to plan a model meeting that depicts a typical monthly meeting of their 4-H club. *1 Model Meeting will be selected for Regional 4-H Club Day.*
- Guidelines:
 - The club must have a majority of members participating. Please note that Cloverbuds can participate, however, they will not count towards the number of members participating.
 - An agenda of the model meeting must be presented to the judge before the meeting is called to order.
 - During the model meeting, the secretary should take notes. After the meeting, the secretary should turn in model meeting notes to the judge.
 - Recreation may be at any time during the meeting. Some clubs prefer to have their recreation at the start of the meeting, rather than at the end.

Time Limit: 45 Minutes Total, 35-minute meeting (does not include roll call), 10-minute consultation

Resources:

[4-H440 The Meeting Will Come to Order](#)

[4-H455 Out of Ideas? A Leader's Handbook](#)

Robert's Rules of Order,

Newly Revised (11th Edition)

Scott, Foresman & Co., Chicago, Ill. 2011

Parliamentary Law at a Glance, E.C. Utter,

The Reilly and Lee Company, Chicago, Ill.



Gavel Games (Ages 7-18)

- This is an alternative to the Model Meeting for the 4-H clubs interested in promoting parliamentary procedure. The contest will consist of teams of four 4-H members serving as the group's President, Vice-President, Secretary, and Treasurer. Does not have to be the club's elected officers. Open to all members. Participants will draw for the office that they will play. Gavel games is the business part of the meeting. This includes an oral presentation of the meeting agenda and solving two parliamentary problems. Teams will draw for the problems to be solved. Age 13 & Older teams will take a written exam. Test scores will be averaged. *1 Entry will be selected from either age group for Regional 4-H Club Day.*

Time Limit (Ages 7-12): 20 Minutes Total, 15-minute gavel game, 5-minute consultation

Time Limit (Ages 13+): 30 Minutes Total, 10-minutes for exam, 15-minute gavel game, 5-minute consultation

CLUB EVENTS

Club Skit (All Ages)

- This section is designed for original plays or skits written by 4-H members or other amateurs. Club skits must be rehearsed. A majority of the Community Club Members need to participate. A change of setting is not permitted. Each group will be responsible for all scenery, property, and effects. On most stages, all plays will use the same drapes as a background. *1 Club Skit will be selected for Regional 4-H Club Day.*

Time Limit: 20 Minutes Total, 5-minute set up, 15-minute skit

Walk-In Judging

- If your club cannot participate at Club Day, the club can schedule a time for an Extension Professional to critique a monthly club meeting as a way to meet the seal requirement.

OTHER EVENTS

Pickle Power (All Ages)

- Pickle Power is intended for participants to have a non-competitive experience demonstrating the decision-making process and the six pillars of good character. Participants are given two scenarios to choose from to demonstrate what decision they would make. They present their decision to a judge, explaining their choices. All participants will receive the same prize. *There is no regional 4-H Club Day division.*

Family & Consumer Sciences Judging (All Ages)

- The FCS judging contest will include judging classes from a wide range of topics. The categories for the contest are chosen from the same list used for the FCS National Championship and Conference. *There will be a junior and senior division.*
- These topics include:
 - Child development and guidance
 - Consumer education
 - Family and human development
 - Fashion, textiles, and apparel
 - Food and nutrition
 - Housing and furnishings
 - Individual and family health
 - Leadership development



Photography Judging (All Ages)

- The contest consists of 6 classes of photographs and one problems class. The contest gives each contestant the opportunity to judge photographs using the same criteria that 4-H photography judges use: composition, technique, and eye appeal to judge each class. The problems class is geared to help the 4-Her solve a problem with critical thinking and to gauge their knowledge of photography. *There will be a junior and senior division.*

SUMMARY TABLE

Section	Event	Regional Qualification	Participants	Time Limit
Speaking Events	Show and Tell	None	Cloverbuds/ Ages 7-9	3 Minutes
	Project Talk	2 per County	Ages 7-12	7 Minutes
	Demonstration	2 per County	Ages 7-12 Ages 13+	10 Minutes 15 Minutes
	Illustrated Talk	2 per County	Ages 7-12 Ages 13+	10 Minutes 15 Minutes
	Public Speaking	2 per County	Ages 13-18	15 Minutes
	Extemporaneous Speaking	2 per County	Ages 13-18	17 Minutes, including 10 minutes of prep
	Application, Resume and Interview (ARI)	1 per County	Ages 13-18	15 Minutes, including 5 minutes of consultation
Music Events	Vocal Ensemble	1 per County	Ages 7-18	2 Numbers
	Vocal Solo	1 per County	Ages 7-18	1 Number
	Instrumental Ensemble	1 per County	Ages 7-18	2 Numbers
	Instrumental Solo	1 per County	Ages 7-18	1 Number
	Piano Solo	1 per County	Ages 7-18	1 Number
Talent Events	Dance	1 per County	Ages 7-18	5 Minutes
	Skit	1 per County	All Ages	20 Minutes, including 5 minute set up
	Reading	2 per County	Ages 7-18	5 Minutes
	Other Talent	1 per County	Ages 7-18	5 Minutes
Parliamentary Procedure	Model Meeting	1 per County	All Ages	45 Minutes, including 10 minute consultation
	Gavel Games	2 per County	Ages (7-12)	20 Minutes, including 5 minute consultation
			Ages (13+)	30 Minutes, including 5 minute consultation
Club Events	Club Skit	1 per County	All Ages	20 Minutes, including 5 minute set up
	Walk-In Judging	None	All Ages	N/A

